

Smart Start Registration Form

A new service is being offered to thru and section hikers this upcoming hiking season (2012). To help people at the beginning of their journey, I will be driving a support van carrying people's supplies, tents/tarps/hammocks, and sleeping bags. This will enable you to day hike, rather than backpack, the first 66 miles in Georgia, or the first 115 miles in Maine. This should help make one's transition into a long-distance backpacker more gradual, and therefore, more sensible. It could also increase your chances of completing your trek. (It is a well-known fact that a sizable amount of the 75-80% people who start but don't finish discontinue their hikes within the first four weeks. More information at www.warrendoyle.com.)

REGISTRATION FORM

To register, fill out, and mail in with a \$50 deposit check. Make check payable to: **Appalachian Folk School**. Mail to: Smart Start, c/o Warren Doyle - PO Box 264, Laurel Bloomery, TN 37680 - Balance of donation is due at end of your Smart Start session (cash or check).

Name _____ Gender: M or F Birthday: _____

Address _____ Email _____ Phone _____

_____ What is your approximate finish date? _____

Donation (please check one)

- \$300 - for Northbounders
 \$200 - for Northbounders who have attended the Appalachian Trail Institute
 \$400 - for Southbounders
 \$300 - for Southbounders who have attended the Appalachian Trail Institute

Please check the Smart Start session you want to register for:

2012 Smart Start Dates

<i>North bounders (Georgia)</i>		<i>South bounders (Maine)</i>	
March 18 - 22		June 18 - 25	
March 25 - 29		June 26 - July 3	
April 15 - 19			
April 22 - 26			

2012 Smart Start Schedule

<i>North bounders (Georgia)</i>	<i>South bounders (Maine)</i>
1 st day - Springer to Three Forks (5.2 miles)	1 st day - Millinocket/Baxter State Park/Abol Bridge (18.2 or 9.2 miles *)
2 nd day - Woody Gap (15.8 miles)	2 nd day - Pollywog Stream (17.4 miles)
3 rd day - Hogpen Gap (17.0 miles)	3 rd day - Nahmakanta Beach (8.3 miles)
4 th day - Indian Grave Gap (16.4 miles)	4 th day - Jo-Mary Rd (15.2 miles)
5 th day - Dicks Creek Gap (Hiawassee) (14.0 miles)	5 th day - West Branch Pond Rd (13.8 miles)
6 th day - drive back to the trail by 9am	6 th day - KIW Rd (14.8 miles)
	7 th day - Long Pond Stream (15.6 miles)
	8 th day - Monson, ME (14.3 miles)

* If people hike up Katahdin the day before and camp in Baxter State Park the night before.