2025 Appalachian Trail Institute Registration Form

(snail mail)

Is there a long-distance hike on the Appalachian Trail in your future? Do you want to increase your chances of completing the entire journey? Do you want to save money by not buying equipment and clothing you don't need? Then the Appalachian Trail Institute (ATI) would be an informative and valuable program for you. Organized and directed by Dr. Warren Doyle, who has walked the AT a record eighteen times, the ATI is an intensive, five-day program that covers trail history and management, trip logistics, food, equipment, physical conditioning, hiker safety/health; and the most neglected but most important topic of all, the psychological/emotional aspects of long-distance hiking. For thirty-five years (since 1989), over a thousand hikers (from 46 states and 4 foreign countries) have attended and enjoyed the ATI.

Suggested donation of \$300 - Donation includes: on-site indoor lodging; about 26 hours of classroom instruction; about 9 hours of hiking; and instructional materials.

Mail a \$50 deposit (fully refundable) with your registration form. The remainder of the donation (\$250) is to be paid on the last day of the program (cash or check).

More info at www.warrendoyle.com Click 'Hiking' and then click 'Appalachian Trail Institute'

LOCATION Appalachian Folk School 3142 Divide Rd. Mountain City, TN 37683

REGISTRATION FORM To register, fill out, and mail in with a \$50 deposit check (fully refundable).

Make check payable to: Appalachian Folk School

Local motel/campground

Mail to: Appalachian Trail Institut	e, PO Box 93, Mountain City, TN 37683
Name	Gender: M or F Birthday:
Address	Email
	Phone
Please check the 2025 ATI session March 24-28May 19-2	you plan to attend: (3(right after Trail Days) Oct. 13-17 Oct. 20-24
	ring the AT?
What are your approximate dates of	of doing the AT?
	n hiking the AT in? (north to south, south to north, flip-flop)
Lodging Options (check one): Indoor lodging (bunkhouse/li Tent in our yard (included wi	mited private rooms) (included with donation)